

# Infectious and Communicable Diseases

Our Club is committed to the health and safety of all children and staff who play, learn and work here. As such, the club will take necessary steps to prevent the spread of infection. It will sometimes be necessary to require a poorly child to be collected early from a session or be kept at home while they get better. In such cases, the provisions of the Health, Illness and Emergency policy will be implemented.

In accordance with the procedures set out in the Health, Illness and Emergency policy, parents/carers will be notified immediately if their child has become ill and needs to go home. Poorly children will be comforted, kept safe and under close supervision until they are collected.

When a child has had to go home prematurely due to illness, they must remain at home until they are better for at least 48 hours, or according to the times set out in the table below (whichever is longer). If a member of staff becomes ill at work, similar restrictions on their return will apply.

When a child or member of staff becomes ill outside Club hours, they should notify the Club as soon as possible. The minimum exclusion periods outlined in the table below will then come into operation.

If any infectious or communicable disease is detected on the Club's premises, the Club will inform parents/carers personally in writing as soon as possible. The Club is committed to sharing as much information as possible about the source of the disease and the steps being taken to remove it. Ofsted will also be informed of any notifiable diseases discovered on the Club's premises (See table below).

### **Head lice**

When a case of head lice is discovered at the Club, the situation will be handled carefully and sensitively. The child concerned will not be isolated from other children, and there is no need for them to be excluded from activities or sessions at the Club.

When the child concerned is collected, their parent/carer will be informed in a sensitive manner.

Other parents/carers will be informed as quickly as possible in writing, including advice and guidance on treating head lice.

Staff should check themselves regularly for lice and treat whenever necessary.



# **Minimum Exclusion Periods for Illness and Disease**

In line with Public Health England and NHS Guidelines (current at time of review)

DISEASE PERIOD OF EXCLUSION

Antibiotics prescribed First 24 hours

Chicken Pox when all the lesions have crusted over

Diarrhoea 48 hours

Diphtheria (exclude) **Notifiable disease** local HPU will advise 48 hours from the last episode of vomiting/diarrhoea 48 hours or until advised by the doctor/local HPU

Glandular Fever None

Hand, Foot and Mouth disease None- contact local HPU re exclusion if large no. Of

children affected

Hepatitis A 7 days from onset of jaundice & when recovered

(notifiable disease)

Hepatitis None (notifiable disease)

High temperature 24 hours

Impetigo Until the skin has healed (or 48 hours after commencing

antibiotics

Measles 5 days from when the rash first appeared (**notifiable** 

disease)

Meningitis Until certified well (**notifiable disease**)

Mumps 7 days minimum or until the swelling has subsided

(notifiable disease)

Pediculosis (lice) None

Pertussis (Whooping cough) 21 days from the onset (or 5 days from commencing

antibiotics **notifiable disease**)
Should be treated and covered

Plantar warts Should be treated and co

Poliomyelitis Until certified workingworm of scalp Until cured

Ringworm of the body exclusion not generally required

Rubella (German Measles) 4 days from onset of rash (**notifiable disease**)

Scabies Until treatment has been given

Scarlet fever 24 hours after commencing antibiotics (**notifiable disease**)

Without treatment 2 weeks after symptoms appear

Tonsilitis None

Tuberculosis Always consult HPU (**notifiable disease**)

Typhoid fever Until declared free from infection by a doctor (**notifiable** 

disease)

Warts (including Verrucae) Exclusion not necessary. Sufferer should keep feet

covered.

COVID 19 (Coronavirus) Individuals should not attend if they have a high

temperature and are unwell.

Individuals who have a positive test result for COVID-19 should not attend the setting for 3

days after the day of the test.

This list is not necessarily exhaustive, and staff are encouraged to contact local health services if they are in any doubt.

Useful numbers:

Public Health England 0344 2253 861 opt 1 for Health Protection

infectious&communicableillnessespolicy.doc Ofsted Reg. No. EY435243
Reviewed: 23/09/25 Page 2 of 3 Charity Number 1141633

Next review: June 2025



# Infection control

We will limit the risk of catching or spreading contagious illnesses at the Club by:

- Regular handwashing by staff and children
- Minimising contact between our hands and mouth/nose
- Covering nose and mouth when coughing or sneezing; using a tissue when possible, and disposing of the tissue promptly and carefully (bag it and bin it)
- Cleaning hard surfaces (eg door handles, light-switches, tables, etc) with sanitizer frequently
- Encouraging the children at the Club to follow the guidance above
- Instructing staff to remain at home for the required exclusion period if they display any relevant symptoms and sending them home if they first display symptoms while at work.

At T-Club-6 Ltd we will promote infection control through the methods above, and in addition we will:

- Display posters and information to promote infection control
- Ensure that adequate supplies of cleaning materials are available within the Club
- Dispose of waste promptly and hygienically
- Provide tissues and suitable facilities for their disposal.

#### Closures

There may be some occasions when we will have to consider temporarily closing the Club because we have too few unaffected staff to run sessions safely.

The Club will also have to close if advised to do so by the local authority in the interest of safeguarding the children in our care.

In the event of closure, the manager will notify parents or carers as soon as possible. The manager will also inform other relevant parties, e.g. feeder schools, other users of shared premises, etc. The manager will also notify Ofsted of the closure.

## Advance planning

In preparation for dealing with a pandemic disease, the Club will ensure that all contact details for staff, children and parents are up to date.

We will prepare letters of notification for parents and staff, so that they can be distributed immediately if an outbreak occurs.

We will endeavour to build a bank of relief or supply staff who are able to provide cover should staffing levels fall below the required legal minimums. Any relief staff will be DBS checked at the time of joining our team, so that they are legally able to work with children should the situation arise.

The Club will regularly update its information regarding pandemic diseases, by checking the latest guidance from Public Health England and the local authority and will inform parents and staff of any changes to our emergency plans.

#### **Useful contacts**

Ofsted: 0300 123 1231

Health Protection Team (HPT): 0344 225 3861 option 3